

## Rejuvenating Earlier RSCDS Dances

TAS Workshop 12th May 2007 in Perth – Anne Thorn

### Lesson Plan

1. Warm Up
  - a) Waltz tunes – circle warm up
  - b) March – *Pinewoods Two Step* by Jim Rae
  
2. Round Room Dance – A Scottish Mixer?

*My Love She's But A Lassie Yet* Book 9 R32x4  
Round the room version.  
Brief discussion of round the room dances in class/dance.  
*Circassian Circle* (Book 1)  
*La Tempete* (Book 2)  
*Dashing White Sergeant* (Book 3)  
*Waltz Country Dance* (Book 4)  
*Come Ashore Jolly Tar* (Book 7)  
*Prince of Orange* (Book 6)
  
3. Poussettes – The demise of the poussette and how to regenerate it  
Brief discussion on demise of the poussette and need to promote it as teachers/dance programme devisors  
List of dances with poussettes in Books 1-14.  
Reference to later poussettes in Book 15 (*Waverley/Fergus McIver and Lord Rosslyn's Fancy*)  
  
Dance *Peggy's Love* Book 8 S32 in 3 couple sets  
Focus on transition between poussette and other formations
  
4. Down the middle and up “with a twist”
  - a) *Duran Ranger* Book 13 R32 3 couple sets
  - b) *Crieff Fair* Book 10 R24 3 couple set
  - c) *Queen's Welcome* Book 4 R32 2 couple set

Brief discussion on suitability of these dances for children/beginners/general class.
  
5. Reels – “An entry with a difference”
  - a) *Fiddle Faddle* Book 12 S32 3 couples set
  - b) *Braes of Atholl* Book 8 S40 3 couples
  - c) *Willie With His Tartan*

Brief discussion on target audience for these dances.
  
6. Cool Down